

**NATURAL FRUIT CORPORATION
CHOCOLATEYOGURT FROZEN FRUIT BARS**

Nutrition Facts	
Serving Size 4 fl oz (110 g)	
Servings Per Container 1	
Amount Per Serving	
Calories 140	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 40mg	2%
Total Carbohydrate 30g	10%
Dietary Fiber 1g	4%
Sugars 24g	
Protein 2g	
Vitamin A 0%	• Vitamin C 6%
Calcium 8%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS:NON FAT YOGURT,, FRUCTOSE, SUGAR, COCOA POWDER,SKIM MILK, WHEY POWDER, MALTODEXTRINE, MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN AND LOCUST BEAN GUM.

INGREDIENTES:YOGURT BAJO EN GRASA, FRUCTOSA, AZUCAR, CACAO EN POLVO, LECHE DESCREMADA, SUERO EN POLVO, MALTODEXTRINA, MONO Y DIGLYCERIDOS,GOMA GUAR, GOMA CELULOSA, CARRAGENA Y GOMA DE LOCUS.

Allergen information: **Contains Milk.**