NATURAL FRUIT CORP PIÑACOLADA FROZEN FRUIT BARS

Nutrition Facts Serving Size 4 fl oz (118mL) Servings Per Container 1					
Amount Per Serving					
Calories 190			Calories fro	Calories from Fat 25	
%Daily Value*					
Total Fat 3g				5%	
Saturated Fat 3g				15%	
Trans Fat 0g					
Cholesterol 0mg				0%	
Sodium 15mg				1%	
Total Carbohydrate 37g 12%					
Dietary Fiber 3g				12%	
Sugars 34g					
Protein 2g					
Vitamin A	0%	•	Vitamin	C 10%	
Calcium 0% •			Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or low er depending on your calorie needs: Calories: 2,000 2,500					
Total Fat	Less that		65g	80g	
Sat Fat	Less tha		20g	25g	
Cholesterol	Less tha		300mg	300mg	
Sodium Less than Total Carbohydrate			2,400mg	2,400mg 375g	
Dietary Fiber			300g 25g	375g 30g	
Calories per gram:					
Fat 9 Carbohydrate 4 Protein 4					

INGREDIENTS: PINEAPPLE, COCONUT CREAM, WATER, CANE SUGAR,

NATURAL STABILIZERS (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN),

CITRIC ACID.

Allergen information: Contains Tree Nut (Coconut) Ingredients